


















APPARATUS PROGRAMME 2009 - 2012






SENIOR - INDIVIDUAL GYMNASTS

					
2009	x	x	x		x
2010	x	x	x		x
2011	x	x	x	x	
2012	x	x	x	x	









SENIOR – GROUP

	5	3 + 2
2009		3  + 2 
2010		3  + 2 
2011		3  + 2 
2012		3  + 2 

JUNIOR INDIVIDUAL GYMNASTS

					
2009	x	x	x	x	
2010	x	x	x	x	
2011		x	x	x	x
2012		x	x	x	x

JUNIOR GROUPS

	4	4
2009		
2010		
2011		
2012		

Note: For the junior and senior groups, the programme of the exercise with one single type of apparatus changes every 2 years. For the senior groups, the programme with two types of apparatus changes every 4 years